

vital connections

SUMMER 2000

FACULTY OF NURSING

Think Nursing... Think Great Students



Congratulations David, Shai, Jeff, and Janice!

From left to right: Prof. Jody MacDonald, David Nguyen, Prof. Barbara Johnson, Shai Goel, Prof. Pamela Khan, Jeff Boal, Dean Gail Donner and Janice Smith

ON 3 APRIL 2000, FOUR FACULTY OF NURSING students were honoured with Gordon Cressy Student Leadership Awards in the Great Hall of Hart House. These awards were established in 1994 to honour Mr. Cressy and to recognize graduating students for their outstanding contributions to the university through extra-curricular involvement. These four soon-to-be nurses were recognized with 131 other students in their final year of

studies from across the University of Toronto. Gordon Cressy was on hand to read the citations for the award-winning students, who received their personalized, framed certificates from J. Robert S. Prichard, President of University of Toronto, and The Honourable Justice Joseph James, President of the University of Toronto Alumni Association (UTAA).

As president of the Canadian Nursing Students' Association (CNSA), an organization that represents 8,500 nursing students, **Jeff Boal** has been an articulate, passionate and knowledgeable representative of the University of Toronto. He speaks across the country on behalf of his peers, and has met with all the national and

(cont. on pg. 3)

contents

Think Great Students	1
Dean's Message	2
Visiting Scholar	2
Farewell to a Proud Program	3
ACNP Program	4
Upcoming Events	5
President's Message	5
Check Us Out	6
Canadian Nursing's Highest Honour	6
Leaving A Legacy	6
Boston Marathon	7

University of Toronto



think
nursing



Message from the Dean

Gail Donner

THE FACULTY of Nursing at the University of Toronto is 80 years old this year. When I reflect on our proud history, I am struck by how much change and innovation has marked our contribution to nursing and nursing education. The success of many of our alumni may be, in some small part, a product of the determination of this Faculty to continue to champion ways to do things better. The introduction of an Acute Care Nurse Practitioner program as part of our Master's program, the development of a PhD program, and our collaboration with other Ontario universities in the Primary Care Nurse Practitioner program are just some of the ways in which we've continued to build our capacity to innovate.

This year marks another big change since the last class of the four-year undergraduate program will graduate in June. New times demand new approaches, so three years ago we launched a two-year second entry program to attract mature students with previous university education who, we believe, can continue the Faculty of Nursing tradition of innovation and leadership. As we, along with the rest of the University community, develop our priorities for the next five years, we will be looking at our Master's and PhD programs, and to our ever expanding success in research to ensure that we continue to be at the "cutting edge" of nursing education, practice, and research.

Please check our new web site at www.nursing.utoronto.ca later this summer to see a summary of our five-year plan. I hope that we will continue to make you as proud of us as we are of you, our alumni. I want to thank you for your continued support of the Faculty of Nursing at the University of Toronto and encourage you to stay in touch - with faculty, with fellow alumni, and with me. I can be reached by phone at 416-978-2862 or by email at g.donner@utoronto.ca. Enjoy the summer of 2000 in good health!

Visiting Scholar Addresses Nightingale Nursing in the Colonies

THE FACULTY OF NURSING, UNIVERSITY of Toronto, welcomed visiting Scholar, Dr. Judith Godden from the University of Sydney, Australia, on Thursday, 16 March 2000. Dr. Godden, who holds a PhD in Philosophy, is a Senior Lecturer in the Department of Professional Nursing Studies. Before she joined us, she gave a Hannah Seminar for the History of Medicine at the Joint Centre for Bioethics in Toronto.

Dr. Godden's major research interests are in the areas of the history of nursing and nursing education, especially with regard to the history of women and social welfare. One of her current projects involves exploring the founding of Nightingale Nursing in Australia. She is also a member of the working group of scholars, led by Dr. Lynn McDonald, a sociologist at Guelph University, who are engaged in the very significant project of compiling the Collected Works of Florence Nightingale.

Dr. Godden's talk to our faculty, students and special guests from our partner hospital organizations and the Ministry of Health, was entitled "A dull lonely life? Nightingale nursing in the colonies from the perspective of Sister Probationer Nora Barton." The seminar was delightful and detailed, and followed by a lively discussion. We'd like to thank Dr. Judith Godden for her visit.

Dr. Donna Wells

Associate Professor & Associate Dean, Education





Farewell to a Proud Program

THE FOUR-YEAR UNDERGRADUATE PROGRAM WAS celebrated at the Faculty Club on Monday, 20 March 2000. The program completes its phase-out period this spring with the graduation of the final class of 45 students. About 70 people attended the celebration, including current students and faculty, two former deans, Dr. Kathleen King and Dr. Dorothy Pringle, former faculty members Joan Brailey and Hattie Shea, as well as a number

of alumni, and community colleagues. Following greetings by Dean Gail Donner, Dorothy Pringle described the program's place in the history of Canadian nursing education and Joan Brailey reminisced about her days as a student, faculty member and finally chair of the program. The lounge at the Faculty Club was festooned with a display of banners and yearbooks collected and organized by the graduating students.

Talk of the future also filled the air as classmates shared an optimism that comes in part from knowing that pillars of nursing's past and present are, too, graduates of this four-year BScN program. As David Nguyen, Nursing Undergraduate Society President and Year Four Class Representative, stated, "This is the end of our program, but just the beginning of our successes. The confidence in our belonging to a program with a history of success is invaluable as we launch our careers as today's and tomorrow's nurses."

All in all, the occasion was a fitting tribute to a proud program. The program and the occasion will be commemorated in a book of photographs taken at the party, which we hope will also include reminiscences from anyone connected to the program. If you would like to contribute your reminiscences (funny, sad, serious, long, short), please send them to Barbara Johnson at the Faculty or by e-mail to b.johnson@utoronto.ca.

(Great Students, cont. from pg. 1)

provincial health leaders. Jeff helped the CNSA develop a relationship with the World Health Organization, and assisted with a nursing recruitment video. He is also a Nursing Undergraduate Society (NUS) member.

Shai Goel's organizational talents were invaluable at a recent two-day regional conference for the CNSA. As conference coordinator, he was responsible for arranging every last detail of the event. Shai invited keynote speakers, booked banquet facilities, registered participants and organized a wine and cheese reception. He is also a CNSA representative, and attends NUS meetings, participates in fund-raising efforts and keeps students abreast of upcoming events.

A thoughtful, helpful student, **David Nguyen** has contributed his time to an enormous number of organizations. He is president of the NUS, a member of Faculty Council, and a class representative. David helped organize

the successful U of T Health Fair, participated in intramural soccer and squash, and served as the Knox College sports convenor. He has also been a member of several student committees, including the newspaper committee and the awards committee.

Janice Smith has performed several vital roles within the CNSA. As class representative, she has enthusiastically persuaded many students to participate in local and national conferences. She helped organize the 1999 CNSA Ontario Regional Conference and has served on several planning committees. Janice also co-chaired the CNSA National Video Committee, and was responsible for the funding, creative engineering and editing of a 15-minute video that promotes the nursing profession to high school students.

We'd like to congratulate and thank all of our Cressy Award winners for their efforts and achievements within the Faculty of Nursing, and look forward to hearing about their future successes.

Faculty of Nursing Launches "New and Improved" Acute Care Nurse Practitioner Diploma

WITH THE NEW millennium comes a new program at the Faculty of Nursing: the Post Masters Nurse Practitioner Diploma Program for acute care. We developed this new diploma to meet the needs of masters prepared nurses practising in advanced practice roles who wished to expand their knowledge and skill set to include those of a specialized nurse practitioner (NP).

Acute Care Nurse Practitioners (ACNP's) have been practising in Ontario for over 10 years and much longer than that in the US. ACNPs are graduate prepared nurses who provide advanced nursing care across the continuum of acute care services to patients and families. This care, which may be provided in a variety of settings, uses a collaborative model involving patients, families, significant others, nurses, physicians, and other health team members. ACNPs are best suited to provide care to populations of patients who experience multiple, complex, and inter-related health needs.

The Faculty of Nursing was in a perfect position to establish this program to educate specialist NPs given our experience with the "fast track" ACNP certificate, which ran from 1994 to 1997. The new diploma program combines the strengths of that fast track program with the academic rigor of the master's-level courses developed to prepare students to practice as ACNPs and advanced practice nurses in general.

The innovative features of the Post Masters ACNP Diploma Program

include the following:

- A modular format that allows for accelerated and self-directed learning off campus,
- Monthly sessions on campus to facilitate group learning and discussion and to provide access to expert faculty,
- A 6-month time frame to complete academic course work with an option to integrate the clinical courses simultaneously or complete them over an additional 6 months,
- A web-based component to allow access to program resources, and
- 730 clinical practicum hours with guidance from preceptors.

This program benefits students in a number of ways. Many choose the option of continuing to work while enrolled in the program because they must spend only minimal time away from home and work (once per month for 6 months). This procedure minimizes interruptions in career devel-

This innovative diploma program offers another professional development pathway that allows nurses to expand their abilities while remaining directly involved in the care of patients and families.

opment. Additionally, students who live greater distances from the university campus are able to manage the once monthly commute that would likely be impossible in a traditionally designed on-campus program. Students can complete the program relatively quickly (in 8 - 12 months) rather than by completing courses in sequence over a

longer period of time. This option allows students to embark upon an ACNP role in a more timely fashion. Finally students return to their work settings between on-campus sessions, which allows them to apply new skills and reflect on their evolving practice.

Our future plans for the program include a comprehensive evaluation of the program, the teaching strategies, and the quality of the learning environment. We also intend to continue developing its web-based elements such as newsgroups and comprehensive on-line courses.

The ACNP role is challenging and continues to be in demand. Although we do continue to offer the ACNP program as a field of study in the Master of Nursing Program, this innovative diploma program offers another professional development pathway that allows nurses to expand their knowledge and skills, and to develop additional advanced nursing abilities while remaining directly involved in the care of patients and families.

The program will run again in January 2001. The application deadline is 8 September 2000. For more information about the diploma program, visit our website, www.nursing.utoronto.ca/programs/NP, or contact Marilyn Ballantyne at marilyn.ballantyne@utoronto.ca or 416-978-1327.

Mary McAllister, Program Director, ACNP-Child Field

Lisa Cicutto, Program Director, ACNP-Adult Field

Marilyn Ballantyne, Program Director, ACNP Diploma Program

Message from the Nursing Alumni Association President

CONGRATULATIONS ALL AROUND!



Heather Watson

AS ANOTHER academic year comes to a close, I would like to offer congratulations to our recent alumni, current students, faculty, and staff members for their achievements.

Congratulations to the four-year BScN program's Class of 9T9 for their generous contributions to the annual GRADitude campaign.

Chaired by Sanna Laitinen, the students raised nearly \$750, with 75% of the class participating. This tops the university's average participation rate of 40% - way to go Nursing students! GRADitude gives each graduating class an opportunity to raise funds for projects benefiting students. The Class of 9T9 decided that a new microwave for their Undergraduate Students Lounge was at the top of their wish list, followed by a new television and VCR for their Learning Lab. I am so pleased to report that they achieved their goal and that these items have been purchased for the benefit of future Nursing students. Sanna received a Gordon Cressy Student Leadership Award in 1999 for her efforts on this campaign. Please be sure to read our cover story for all the details about this year's Cressy Awards.

Research Day was another resounding success! The event was held on April 25th, with over 260 participants, including practising nurses, nursing students, and nursing educators. The Faculty of Nursing Alumni Association (FNAA) is proud to sponsor the Nettie Douglas Fidler Keynote Address at this annual event, where I was honoured to introduce this year's speaker, Judith Shamian, RN, PhD. Dr. Shamian, who is the Executive Director of Nursing Policy for Health Canada, spoke about *Influencing Nursing and Health's Research Agenda*. In all, conference attendees could choose from a total of 16 symposia and workshops.

More congratulations to all of the students who received our prestigious nursing awards this past year. Some of these important awards include scholarships, bursaries, and fellowships that are sponsored by the FNAA. We are most grateful to all of our donors who have helped to create these much-

needed nursing scholarships for our students. It is due to the generosity of our alumni and friends that the Faculty of Nursing is able to offer students such an outstanding education. In keeping with our new directions, in the fall we will soon be launching a special fundraising initiative to benefit students. I would encourage my fellow alumni to follow the lead of the class of 9T9 and consider making a difference in a student's life.

I enjoy receiving your feedback and hope that you will continue to keep in touch. I'm always interested in alumni news and comments. I encourage you to visit the Faculty's website, www.nursing.utoronto.ca and see what's new. You can link to U of T's alumni website from our nursing alumni webpage. Don't forget to personalize your homepage. To learn more, read "Check Us Out." Happy surfing and best wishes for a healthy summer.

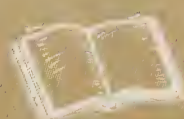
upcoming events

Please visit our website at www.nursing.utoronto.ca for more details regarding these and other events.



PRESIDENT'S CIRCLE GARDEN PARTY
Wednesday, 28 June 2000

UTAA ANNUAL GENERAL MEETING
Tuesday, 27 June 2000



HEALTH CARE IN A COMPLEX WORLD:
AN INTERNATIONAL RESEARCH
CONFERENCE
3-4 May 2001

Check Us Out!

THE UNIVERSITY'S CENTRAL ALUMNI & FRIENDS Website helps keep you in touch with the Faculty of Nursing and your old friends. The site offers several options for locating former classmates, and even provides virtual U of T postcards to send them! The homepage can be personalized to include custom shortcuts to the alumni, home or events pages of your faculty, department or college. On the "Talk to Us" page, you may submit class notes online. In addition to the site's other interactive features, including an address update form, a products and services section helps you plan alumni trips and order U of T merchandise. A publications section houses electronic versions of the University of Toronto Magazine and Borderlines, a newsletter for alumni outside Toronto. Listings of campus and regional events for alumni are updated weekly, and a multitude of external links - from job search sites to reference links - deepen its usefulness to U of T graduates. Visit us at www.alumni.utoronto.ca



Kerry Dean
Communications Officer,
Alumni Relations

Leaving A Legacy

THE FACULTY OF NURSING AT THE UNIVERSITY OF Toronto has a heritage rich with impressive research achievements that influence health care and health policy in Canada. Our educational programs graduate nurses who enhance our healthy communities through their clinical, administrative, and leadership expertise. We are proud of the contributions that our graduates and faculty have made to advance the nursing profession.

Today we are asking you to ensure that future generations of nursing students will continue to have access to such educational excellence so they may become the leaders of tomorrow.

A bequest is a very effective way of making a gift to Nursing at U of T. It enables you to make a contribution of a size that may not be possible during your lifetime.

We realize that you will have many considerations when drawing up or revising your Will. Your first concern may be to ensure the financial security of your loved ones. A bequest provides an excellent opportunity to actually reduce the amount of tax payable on your estate and leave more for your beneficiaries.

Everyone can leave a lasting legacy and make a difference in the lives of students. If you would like information about making a bequest to the Faculty of Nursing, please contact Tina Leslie at 416-978-2861.

Canadian Nursing's Highest Honour



THE JEANNE Mance Award will be presented this year to Dr. Dorothy Pringle. The award is considered by many to be the highest award for registered nurses in Canada. What a terrific and appropriate honour for Dot, who has worked so hard and given so much to professional nursing in Canada. The award is given to a registered nurse

who has made a significant and innovative contribution to the health of Canadians and whose activities at the national and international level have resulted in increased status and public recognition of the nursing profession. The Jeanne Mance Award will be presented at the Canadian Nurses Association convention in Vancouver this June. Congratulations Dot!



*C*ONGRATULATIONS TO OUR OWN DONNA Wells who successfully completed the 42.2 km Boston Marathon on April 17th. This legendary marathon course follows a point to point route from rural Hopkinton to Boston, Massachusetts. Donna finished with an official time of 4:02:27. Way to go, Donna!



Hello BScN Class of 9T0

It's been ten years since graduation and it's time for our reunion! Hold this date...

Saturday, 12 August 2000

City: Toronto

Exact time and place t.b.a.

*If you would like to join us,
please contact me,*

Donna Clarke McMullen

At home, phone (613) 374-3505

or by e-mail: roneyg@kos.net



In Celebration of National Nursing Awareness Week: 8 – 14 May 2000

Nurses are talented professionals who dedicate themselves to the care of others... from the constant attention to patient needs and the sensitivity of the human spirit to academic research that improves patient care and enriches the lives of Canadians. Little can truly repay nurses for their countless deeds except, perhaps, our thanks.

Our Mission



The Faculty of Nursing at the University of Toronto is committed to improving health care by deepening and expanding the theoretical and scientific bases for excellence in nursing practice. Scholarly and scientific work undertaken by members of the faculty must be innovative and relevant, and it must reflect international and interdisciplinary perspectives with regard to knowledge and practice developments. In the end, we will ensure that the Faculty of Nursing is among the most extraordinary and exciting places to study nursing in the 21st century.



A Bequest for Nursing

Every bequest, regardless of its size, is welcome and will help the Faculty of Nursing meet the challenges and take advantage of the many opportunities that lie ahead.

We would be delighted to discuss various funding options with you in strict confidence. To inquire, or to request a free Ways of Giving kit, please contact:

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